Module 10 - Lesson 1 Simple Harmonic Motion

Question 1: A mass attached to a spring oscillates along the vertical following the equation $y = 2\sin(\pi t)$. Determine (a) the frequency, (b) the amplitude of the motion.

Question 2: Write expressions for simple harmonic motion with amplitude 20 cm, frequency 4.0 Hz, and maximum displacement at t = 0.

Question 3: The position of an object moving with simple harmonic motion is given by $x = 3\cos(2\pi t)$, where x is in meters and t is in seconds. Find expressions for the velocity and acceleration of the object as a function of time.