

## Module 08-Lesson 3

### Conservation of Mechanical Energy

**Question 1:** Hailstones typically form around 500 m above the ground. How fast will the hailstones be travelling when they reach the ground? Assume the hailstones start from rest and air drag is negligible.

**Question 2:** You throw a 1 kg rock into the air from ground level and observe that when it is 10.0 m high, it is travelling upward at 20.0 m/s. What was the rock's speed just as it left the ground?

**Problem:** A child is on a swing with 3.0-m-long chains. When given a push, the chains will make a maximum angle of  $45^\circ$  with the vertical, before coming to a momentary stop. Calculate the child's maximum speed?